

St. Andrew Anglican Church

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Winnipeg, Manitoba R3J 0R1
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E-mail standrew@mymts.net
Website: www.standrewswoodhaven.ca

Incumbent: The Reverend Liz Richens (204) 897-8455
Deacon: The Reverend Deacon Val Christopherson
Rector's Warden: Pam Green (204) 832-1322
People's Warden: Susan Chadwick (204) 889-7968
Organist: Scott Coulter

*In this time and place we gather on the traditional land of the Anishinaabe,
Cree, Dakota, people and the homeland of the Red River Metis Nation.
As we come from many places and peoples, we are grateful for their stewardship
of this land and their hospitality which allows us to live,
work and serve God the Creator here.*

Fourth Sunday after Epiphany *February 1st, 2026*

10:00 a.m. Service

*Welcome to St. Andrew Anglican Church, Woodhaven.
All are welcome to participate fully and to receive Communion or a blessing.*

Prelude

Improvisation Hymn Tune

Please stand, as you are able

Processional Hymn

Sing of God Made Manifest

CP 162

The Greeting

Priest: The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People: And also with you.

The Collect for Purity *Please remain standing*

Priest: Let us pray. Almighty God,

People: to you all hearts are open, all desires known, and from you no secrets are hidden.
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we
may perfectly love you, and worthily magnify your holy name; through Christ our
Lord. Amen.

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit, in
the glory of God the Father. Amen

Glory to God in the highest,
and peace to his people on earth

The Collect of the Day

Lora Lynne

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

The Proclamation of the Word

First Reading

Isaiah 58:1-9a

Doreen

The reading is written in the 58th chapter of the Book of Isaiah
beginning at the 1st verse.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil,

Reader: Hear what the Spirit is saying to the Church.

People: **Thanks be to God**

Psalm 112 *said together*

Hallelujah! Happy are they who fear the Lord *
and have great delight in his commandments!
Their descendants will be mighty in the land; *
the generation of the upright will be blessed.
Wealth and riches will be in their house, *
and their righteousness will last for ever.
Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.
It is good for them to be generous in lending *
and to manage their affairs with justice.
For they will never be shaken; *
the righteous will be kept in everlasting remembrance.
They will not be afraid of any evil rumours; *
their heart is right; they put their trust in the Lord.
Their heart is established and will not shrink, *
until they see their desire upon their enemies.
They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honour.
The wicked will see it and be angry;
they will gnash their teeth and pine away; *
the desires of the wicked will perish.

People: God of light, teach us to love each other as you love us, that we may bring peace and joy to the world, and rejoice in the kingdom of your Son, Jesus Christ our Lord.

Second Reading

1 Corinthians 2:1-12

George

The reading is written in the 2nd chapter of the first letter to the Corinthians
beginning at the 1st verse.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no

eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him’— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God’s except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader: Hear what the Spirit is saying to the Church.

People: Thanks be to God

Please stand, as you are able

Gradual Hymn

Sing Hallelujah to Our God

CP 492

Priest: The Lord be with you.

People: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to St. Matthew

People: Glory to you, Lord Jesus Christ.

Gospel Reading

Matthew 5:13-20 The Rev. Deacon Val Christopherson

The Holy Gospel is written in the 5th chapter of the Gospel according to
St. Matthew beginning at the 13th verse.

‘You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

‘You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. ‘Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. As they were coming down the mountain, Jesus ordered them, ‘Tell no one about the vision until after the Son of Man has been raised from the dead.’

Priest: The Gospel of Christ

People: Praise to you, Lord Jesus Christ.

Sermon

The Rev. Liz Richens

The Apostles' Creed

Priest: Let us confess the faith of our baptism, as we say,

All I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People *Please assume a posture of prayer*

Doreen

(The names on the parish prayer list will be prayed for individually by our Intercessors)

Prayer of Humble Access

Doreen

We do not presume to come to your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table, but you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us.

Confession and Absolution

The Rev. Liz Richens

Priest: All who strive to repent of their sins and be good relationship with their neighbours and intend to follow the commandments of God and walk in his ways, come forward and receive the Holy Eucharist to your comfort, and make your honest confession to God Almighty.

All: Almighty God, Father of our Lord Jesus Christ, Creator and mediator, we acknowledge and confess that we have sinned against God and neighbour, by thought, word and deed.

We whole heartedly repent and are sorry for our sins. Have mercy upon us, loving Father; forgive us all that is past and help us going forward to live life anew to the honour and glory of your name, through Jesus Christ. **Amen.**

Priest: Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all who wholeheartedly repent and turn their lives to him. Have mercy on you, pardon and deliver you from all your sins. Comfort and strengthen you in all goodness and bring you to everlasting life through Jesus Christ our Lord.

Please stand, as you are able

The Peace

Priest: The peace of the Lord be always with you

People: And also with you

Doxology

Praise God from whom all blessings flow;
Praise God, all creatures here below;
Praise God above, ye heavenly host;
Praise Father, Son, and Holy Ghost.

The Comfortable Words

Lora Lynne

Hear the comforting words our Saviour Christ says to all who truly turn to him.

Come to me all that labour and are heavy laden, and I will give you rest. St Matthew 11. 28.

God so loved the world, that he gave his only-begotten Son, so that all who believe in him
should not perish, but have eternal life. St John 3. 16.

Hear also what Saint Paul said. This is a true saying, and worthy of full acceptance, that Christ
Jesus came into the world to save sinners. 1 Timothy 1. 15.

Hear also what Saint John said. If anyone sins, we have an Advocate with the Father, Jesus
Christ the righteous; and he is the atoning sacrifice for our sins. 1 St John 2. 1, 2


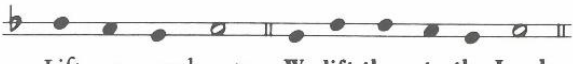
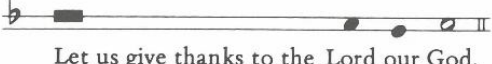
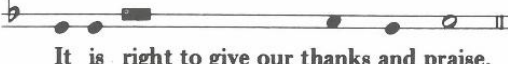


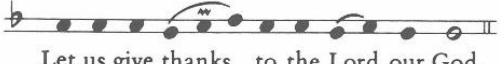

The Prayer over the Gifts

The Rev. Liz Richens

God of compassion and forgiveness, receive our offering this day, and make us one with him
who is our peace, Jesus Christ our Saviour.

Thanksgiving and Consecration

Epiphany *Simple Tone*

<p>1</p>  <p>The Lord be with you. And also with you.</p>  <p>Lift up your hearts. We lift them to the Lord.</p>  <p>Let us give thanks to the Lord our God.</p>  <p>It is right to give our thanks and praise.</p>	<p>2</p>  <p>The Lord be with you. And also with you.</p>  <p>Lift up your hearts. We lift them to the Lord.</p>  <p>Let us give thanks to the Lord our God.</p>  <p>It is right to give our thanks and praise.</p>
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Bless-ed are you, gra-cious God, cre-ator of heav-en and earth; you have re-

vealed your eternal plan of sal-va-tion, and have shown your Son Jesus Christ

to be the light of all peo-ples. There-fore with an-gels and archangels

we raise our voices in joy-ful praise to pro-claim the glo-ry of your name.

People: Holy, holy, holy Lord God of power and might,
 Heaven and Earth are full of your glory
 Hosanna in the highest
 Blessed is he who comes in the name of the Lord.
 Hosanna in the highest. Hosanna in the highest.

Priest: All glory be to you, our heavenly Father, who,
 in your tender mercy, gave your only Son, our Saviour Jesus Christ
 to suffer death upon the cross for our redemption
 who made there by his presentation of himself, once offered
 a full, perfect and sufficient sacrificial offering for the sins
 of the whole world.

Christ instituted, and in his holy gospel commanded us to continue,
 a perpetual memory of his precious death until he comes again.

Hear us, merciful father, we humbly pray
and grant that by the power of your Holy Spirit,
we receiving these gifts of your creation, this bread and this wine
according to your son our Saviour Jesus Christ's holy institution
in remembrance of his death and passion,
may be partakers of his most blessed body and blood,
who in the same night that he was betrayed, took Bread;
gave you thanks, brake it; and gave it to his disciples, saying,
take, eat; this is my body which is given for you:
do this in remembrance of me.

In the same way, after supper he took the cup;
gave you thanks then, he gave it to them, saying,
take, drink, this is my Blood of the new Covenant,
which is shed for you and for many for the forgiveness of sins:
do this, as often as you drink it, in remembrance of me.

Therefore, Lord and heavenly Father, in remembrance of the precious death, the
mighty resurrection and glorious ascension of your dear Son Jesus Christ, and looking
forward to his return; we offer to you this bread and this wine as Christ has
commanded.

Grant that by his life and death, and through faith in Christ
we and all your Church may receive forgiveness of our sins
and all other benefits that Christ offers.

We pray, by the Holy Spirit
you may fill all of us who share in this holy communion
with your grace and heavenly blessing
through Jesus Christ our Lord,
by whom and with whom and in whom,
in the unity of the Holy Spirit
all honour and glory be your almighty father forever and ever. **Amen.**

The Lord's Prayer

Priest: And now, as our Saviour Christ has taught us, let us pray,

People: Our Father in heaven, hallowed be your name, your kingdom come, your will be done,
on earth as in heaven. Give us today our daily bread. Forgive us our sins as we
forgive those who sin against us. Save us from the time of trial and deliver us from
evil. For the kingdom, the pow'r, and the glory are yours now and forever. **Amen.**

The Breaking of Bread

Priest: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Priest: The Gifts of God for the people of God

People: Thanks be to God

Agnus Dei *sung by all*

O Lamb of God, that takes away the sin of the world, have mercy upon us.

O Lamb of God, that takes away the sin of the world, have mercy upon us.

O Lamb of God, that takes away the sin of the world, grant us your peace.

Please be seated

Communion Hymns

Prepare the Way

CP 107

Sing Praises, All You People

CP 314

Prayer after Communion

The Rev. Liz Richens

Priest: Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.

All: Today we offer to you, O Lord our whole selves, soul and body to be a living sacrifice to you. We pray that you accept our imperfect service, not because of what we offer, but because of your grace; through Jesus Christ our Lord; to whom; with you and the Holy Spirit, we praise and glorify, forever and ever. **Amen.**

Please stand, as you are able

Doxology

Glory to God, whose power working in us can do infinitely more than we could ask or imagine.

Glory to God, from generation to generation, in the church and in Christ Jesus, for ever and ever. Amen.

Blessing

The peace of God, that passes all understanding; keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, Father, Son and Holy Spirit be with you and remain with you always.

Amen.

Recessional Hymn

Let there be light

CP 572

Deacon: Go in peace to love and serve the Lord

All: **Thanks be to God**

Postlude

Improvisation Hymn Tune

One License # 7400 44-A

Heavenly Creator, we give you thanks for blessing us with these your servants
and celebrate David G, Ken B, Sylvia S, Jo P, Linda O, Garrick G, Corey L, and George W.

Participants in today's service are:

Lay Reader: Lora Lynne

Lectern Reader: Doreen, George

Greeters: Ethel, Nina

Altar Guild: Angeline, Nina, Laura, Sue

Participants next week are:

Lay Reader: Roselyn

Lectern Readers: Susan, Tucker

Greeters: Angeline, Steve

Altar Guild: Shirley, Norma, Susan

Anglican Cycle of Prayer

In the Anglican Communion worldwide: We pray for *Hong Kong Sheng Kung Hui*.

In the Anglican Church of Canada, Evangelical Lutheran Church in Canada: We pray for *The Rt. Rev. John Watton, Bishop, and the people and clergy of the Diocese of Central Newfoundland, The dean, council, and congregations of the Two Rivers, Nith Valley and Niagara Areas of the Eastern Synod, and For a growing openness to dialogue and encounter with people of other faith traditions during World Interfaith Harmony Week.*

In the Diocese of Rupert's Land: We pray for our congregations and communities.

In our Parish of St. Andrew: We pray for Rev. Liz, Rev. Deacon Val, their families, and for all the families of St. Andrew.

Notices – February 1, 2026

Connecting with Rev. Liz Richens: The Rev. Richens can be reached by phone at 204-897-8455 or through email at revliz.standrews@outlook.com. Rev. Liz is also available on Mondays from 9:00 a.m. to 4:00 p.m., all are welcome to drop by for a visit.

Agape Table: Agape Table Volunteering for the month of February will be on [Wednesday, February 25th](#) from 7:30 am until approximately 11:00 am. Anyone interested in volunteering can contact Laura Ryback at 204-832-1101.

Altar Flowers: If you would like to donate Altar flowers to honour/remember a loved one, please put your name and telephone number in the Flower Calendar at the back of the Church. You can also contact Margaret Childs at [204 889-4676](tel:2048894676) or e-mail Margaret at childsjm@mymts.net.

Weekly Sermons: If you would like to download a copy of the weekly sermon please visit our website at www.standrewswoodhaven.ca. Stay connected by checking out our [Website](#), like our [Facebook](#) and subscribe to our [YouTube channel](#) (Instructions attached to this week's email) <https://www.youtube.com/channel/UCyD1RtRoVsH4yocieU3LnQg> for notification and new information.

Parish Prayers

We commend to thy fatherly goodness, all those who are any ways afflicted or distressed

Bailey	Will	Maria	Debbie	Cody
Barrie	Lainey	Cheryle	Al	Jamie
Dorian	Melanie	Patricia	Rev	Marvin
Auntie Myrna	Bill	Bonnie	Susan	Elaine
June	Doug	Jenny	Bob	Dave
Allan	Irene	Kaden	George	Don
Tom	Larry	Irene	Ron	Pat Z
Gil	Mike	Lucas	Linda	M
Matthew	Eileen	Lisa	Carrie	Mandie
Winnie	Erin	Gloria	Bob & Jo	Skyler
John	Chase	Marie	Gail	Dawson
Paul	Reza	Margaret	Nicole	Jennifer
Amari	Gary	Darrell	Aaron	Randy
Kay	Bill	Don	Neil	Ashley
Yvonne	Yvette	Susan	Mervin	Tyler
David	Brian	Joan	Henry	John
Lorie	Debbie	Murry	Jess	John
Corey	Marlene	Al	Sam	Ruth
Barry	Sara	Ethel	Lin	Jennifer
Eleanor	Maureen	Chetna J	Julio	Bruce
Jennifer	Angelica	Lynne	Jim	Lis
Alice	Jane	Audrey S	Val	Tanis
Sadie	Bob& Janet	Cheryl	Jack	Marilyn

Hollow Water First Nations & Manigotagan

Remu Parish

The Terry, Jeremy, Chrystal family

the Read family Willow & family Wallace & family

the Shelley, Meaghan, Sage Family The Meagan, Oz, Mael Family

and all those at home, in care facilities and those joining us online.